DISTRACTED DRIVING IS ILLEGAL

THE RESULTS CAN BE DEADLY
Distracted driving involves any activity that has the potential to distract a motorist from the primary task of safely operating a vehicle. There are three main types of distracted driving:

- Visual – taking your eyes off the road.
- Manual – taking your hands off the wheel.
- Cognitive – taking your mind off what you are doing.

Do you do any of these while driving?

- Text or read messages on your mobile device
- Talk on your mobile device
- Adjust your vehicle GPS
- Adjust the radio/music
- Eat
- Handle children or pets
- Apply makeup or look at yourself in the rearview mirror
- Daydream

If you perform any of these, you are driving while distracted and are 23 times more likely to cause a vehicle crash.

The Illinois Department of Transportation and the Illinois Secretary of State work together to educate drivers on the dangers of distracted driving.